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RESILIENCE

- Personal resilience is described as our **ability to deal with trauma**, **tragedy, and all kinds of threats.**
- ◆ Community resilience is the **existence**, **development and engagement of community resources to thrive** in an environment characterised by <u>change</u>, <u>uncertainty</u>, <u>unpredictability and surprise</u>.
- Resilience from a community point of view refers to the capacity of a community to cope with stress, overcome adversity and **adapt to change positively**

ECONOMIC RESILIENCE

Economic resilience can be defined as... 'the capacity of an economic system to adapt to both short-term shocks and long-term change, while supporting the community to thrive'

Making communities stronger in terms of diversified sources of income

Features of a resilient economy.

- producing goods and services at an appropriate scale to support a balanced and diverse local and regional economy
- adapting to climate change by reducing its reliance on fossil fuels, reducing its ecological impact through the environmental transformation of infrastructure (energy, transport and waste), and making more effective use of resources
- supporting investment in social as well as financial capital, which aims to address poverty and inequalities (of income, wealth, time, access and control over productive resources and carbon)
- supporting individuals and groups to experiment, develop and strengthen their adaptive capacities (i.e. self-organising, innovation and learning) comprising structures (enterprises, public organisations and government) that support people to live the lives that bring them well-being

COMMUNITY-LED TRENDS FOR ECONOMIC RESILIENCE

Community Orchards and Gardens

Community Supported Agriculture (CSA)

Creating a Direct Connection Between Farmers and Consumers.

Community Supported Fisheries (CSF)

Creating a Direct Connection Between Fishermen and Consumers.

Fish to fork and farm to fork are a shared struggle!

Open Food Network (OFN) a community/ user owned digital platform that enables the local economy) - shortening vulnerable / long supply chains - strengthening local food webs - supporting local organic/ regenerative farmers - livelihood diversification





COMMUNITY-LED TRENDS FOR ECONOMIC RESILIENCE

Community Energy Efficiency Measures

Community Energy Coops

The rooftop revolution

Community Transport Initiatives

In Ireland we have Local Link - a Door to Door Bus Services for people living in rural areas who might otherwise have no way to access public transport.

Community Car Clubs

Car Pooling

Bicycle Sharing

Tool Libraries



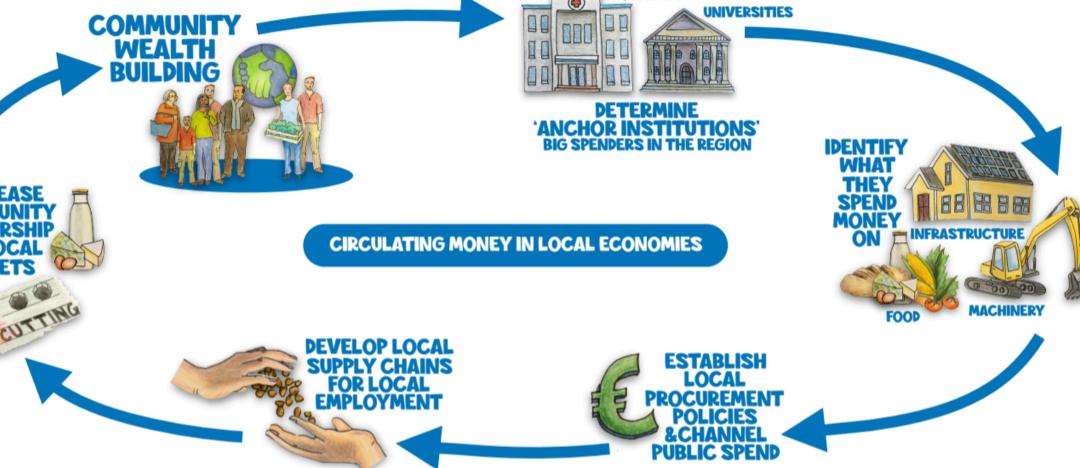


COMMUNITY-LED TRENDS FOR ECONOMIC RESILIENCE

Community Wealth Building

Community wealth building bolsters the ability of communities and individuals to increase asset ownership, anchor jobs locally, expand the provision of public services, and ensure local economic resilience while reducing environmental impacts.

This is a people-centred approach to local economic development, which redirects wealth back into the local economy, and places control and benefits into the hands of local people.



http://files.nesc.ie/nesc_research_series/research_series_paper_I9_TASC.pdf

MAKING THE TRANSITION

We need

- ♦ a shift away from the current economic model 'business as usual not an option' a transition to a wellbeing economy with prosperity without growth living within the carrying capacity of our planet.
- ♦ a just transition that includes engagement of those most impacted leave no one behind.
- social innovation in rural regions Localisation, Community Wealth Building Need to act locally in the global context
- education and training for communities highlighting what actions and supports are available. Illuminating what new livelihoods are possible through actions to localise food, energy, local transport, the restoration of ecosystems, and the regeneration of communities through bottom up strategies and CLLD





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